

# Cultivating nutrition and male engagement for healthy childhoods in Likoma Island, Malawi

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## Introduction and Problem statement

- ❖ Likoma Island faces high rates of child malnutrition and limited male engagement in childcare and maternal health.
- ❖ These challenges, coupled with resource constraints, hinder the island's ability to ensure healthy childhoods.
- ❖ How can we effectively address child malnutrition and promote male involvement in childcare while overcoming limited resources and cultural barriers on Likoma Island?



**Figure 1 :** Food items that local baby food is made from

### Solution approach:

- ❖ Nutrition education and support
- ❖ Male engagement initiatives
- ❖ Community engagement
- ❖ Collaboration with key stakeholders
- ❖ Promotion of nutritious local baby food (maize, groundnuts, soybeans, fish blend)

## SWOT analysis

### • Strengths

- Community support
- Strong partnerships
- Effective monitoring
- Tailored communication

### • Opportunities

- Resource mobilization
- Changing gender norms
- Outreach possibilities
- Infrastructure improvement

### • Weaknesses

- Limited resources
- Cultural resistance
- Geographical isolation
- Healthcare challenges

### • Threats

- Funding limitations
- Cultural barriers
- Natural disasters
- Health crises

## Key tasks during implementation

- ❖ Project design and planning
- ❖ Stakeholder engagement
- ❖ Community engagement and mobilisation
- ❖ Nutrition education to local NGOs
- ❖ Awareness campaigns and sustainability planning
- ❖ Reporting and closure



**Figure 2 :** Children pose for a picture after playing

## Objectives

- ❖ To improve child nutrition through
  - Promotion of male engagement in child care and nutrition
  - Promotion of community engagement
  - Fostering collaborative engagement

## Expected outcomes

- ❖ Reduced childhood malnutrition rates
- ❖ Enhanced male engagement in childcare
- ❖ Increased community awareness and knowledge about child nutrition
- ❖ A lasting reduction in childhood malnutrition rates.
- ❖ Strengthened partnerships with local leaders and organizations

## Expected Results

- ❖ Increased male involvement in childcare.
- ❖ Improved access to nutritious food leading to reduced child malnutrition rates
- ❖ Enhanced community awareness and engagement.

## Project highlights

- ❖ Holistic project addressing child nutrition in Likoma Island.
- ❖ Focuses on child nutrition, male engagement.
- ❖ Collaborative effort involving local stakeholders.
- ❖ Ongoing monitoring for impact assessment.
- ❖ Aims to ensure a healthier future for the Island's children and improved male engagement in child nutrition related issues.

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