

Emmanuel Donkor, Michael Frei, Sali A. Ndindeng, Dominique Van Der Straeten, Christophe Matthys, Alisdair R. Fernie, Tiziana de-Magistris, Patrick Teixeira, Chiji Ojukwu, Pierre Sibiry Traore, Rousseau Djouaka, Sharon Chacha, Mube K. Hervé, Paul Diby Z., Ina Danquah, Kamga Rodrigue, Irmgard Jordan, Kassi Elia, Benedikte Grenov, Juliana Kiio, Parvez I. Haris, Tsanko Gechev

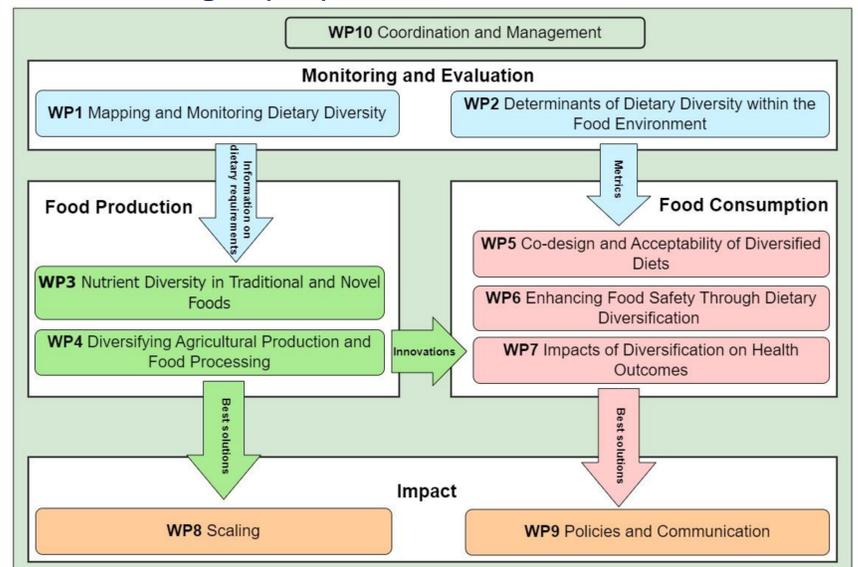
Background

- ❑ Africa faces persistent undernutrition, micronutrient deficiencies and growing rates of overweight, obesity, and diet related diseases known as the triple burden of malnutrition.
- ❑ These nutritional problems not only overburden health care system but also undermine economic growth and development in Africa.

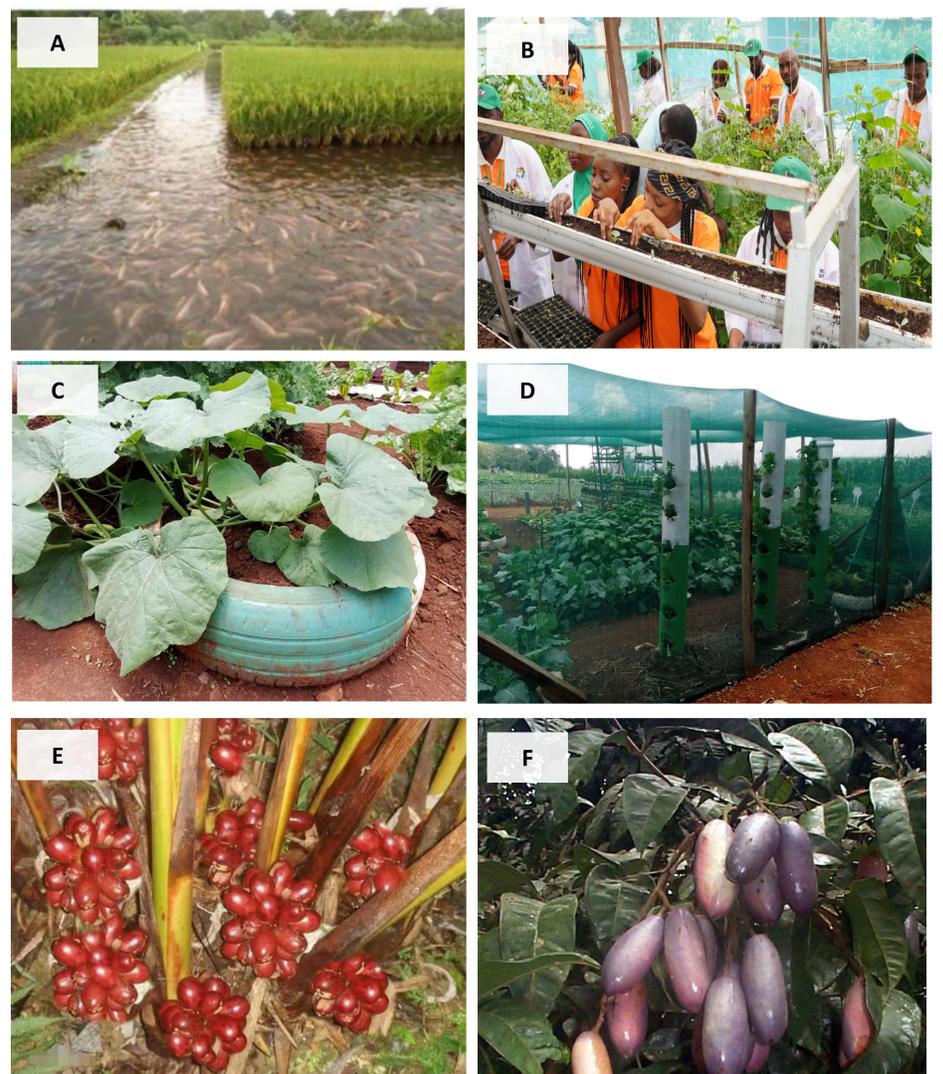
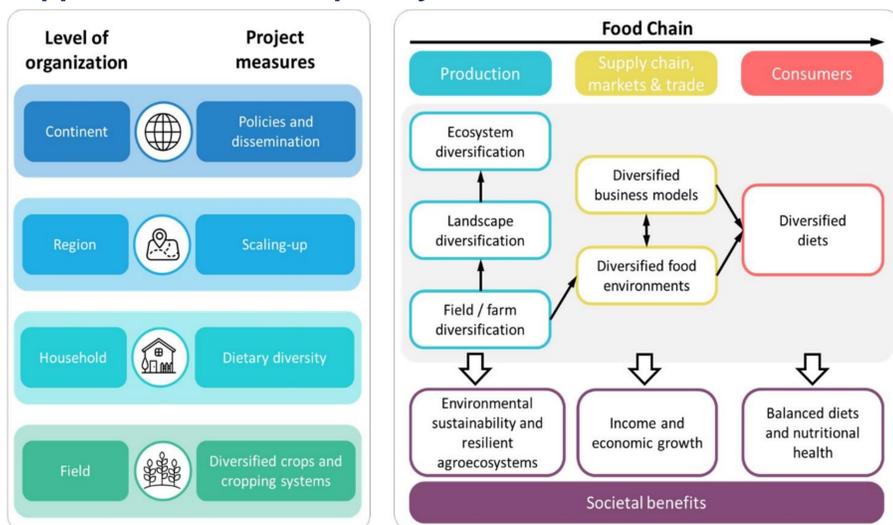
Project Aim

- ❑ **HealthyDiets4Africa** (2023 - 2028) is a transdisciplinary project with partners from 12 African and 9 European countries that aims to harness the potential of food systems diversification to address malnutrition and improve food and nutrition security in Africa.
- ❑ The central hypothesis is that diversifying different elements of the food chain will improve nutritional health and reduce malnutrition in Africa, while achieving economic and environmental benefits.
- ❑ The overall goal is to build sustainable food systems through diversification in Ivory Coast, Benin, Ghana, Liberia, Nigeria, Cameroon, Uganda, and Kenya.

Work Packages (WP)



Approach: Transdisciplinary & Translation Research



A: Integrated rice-fish farming system in Liberia by Africa Rice
B: Project beneficiaries at APDC in Nigeria transplanting cabbage seedlings on hydroponics while others are staking tomato cucumber plant
C: Old tires recycled for vegetable farming in Kenya by FSNP
D: Innovative urban farming-utilizing small spaces in Kenya by FSNP
E: *Aframomum alboviolaceum*, an underutilized crop species in West Africa (<https://www.ebay.de/itm/202747174718>)
F: *Dacryodes edulis*, an underutilized crop species in West Africa (https://en.wikipedia.org/wiki/Dacryodes_edulis)

Project Consortium



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Contact: Dr. Emmanuel Donkor, Project Manager
 Justus-Liebig Universität Giessen
 Department of Agronomy and Crop Physiology
 Heinrich-Buff-Ring 26, D-35392 Giessen
Email: Emmanuel.donkor@agr.uni-giessen.de
Website: <https://hd4a.eu/>