

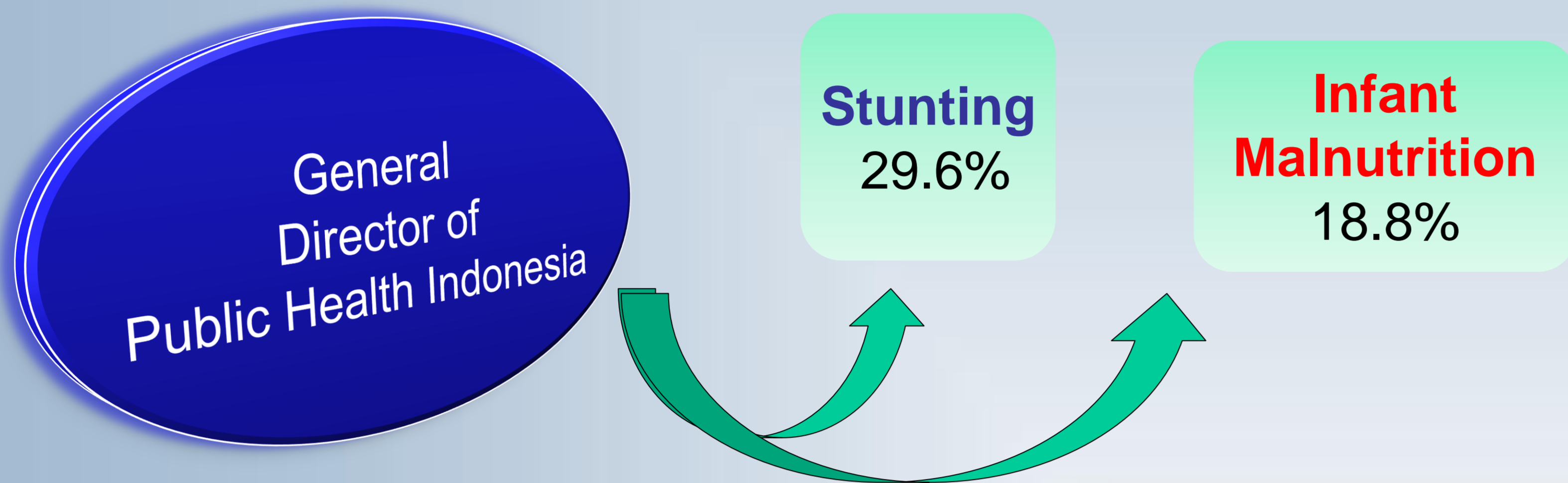


# The Impact of Nutrition Education on Mothers' Knowledge and Behaviour in Gangga Island North Sulawesi-Indonesia

Laurensi Meity Sasube and Aldian Hein Luntungan  
De La Salle Catholic University & Sam Ratulangi University



## PROBLEM



### Malnutrition

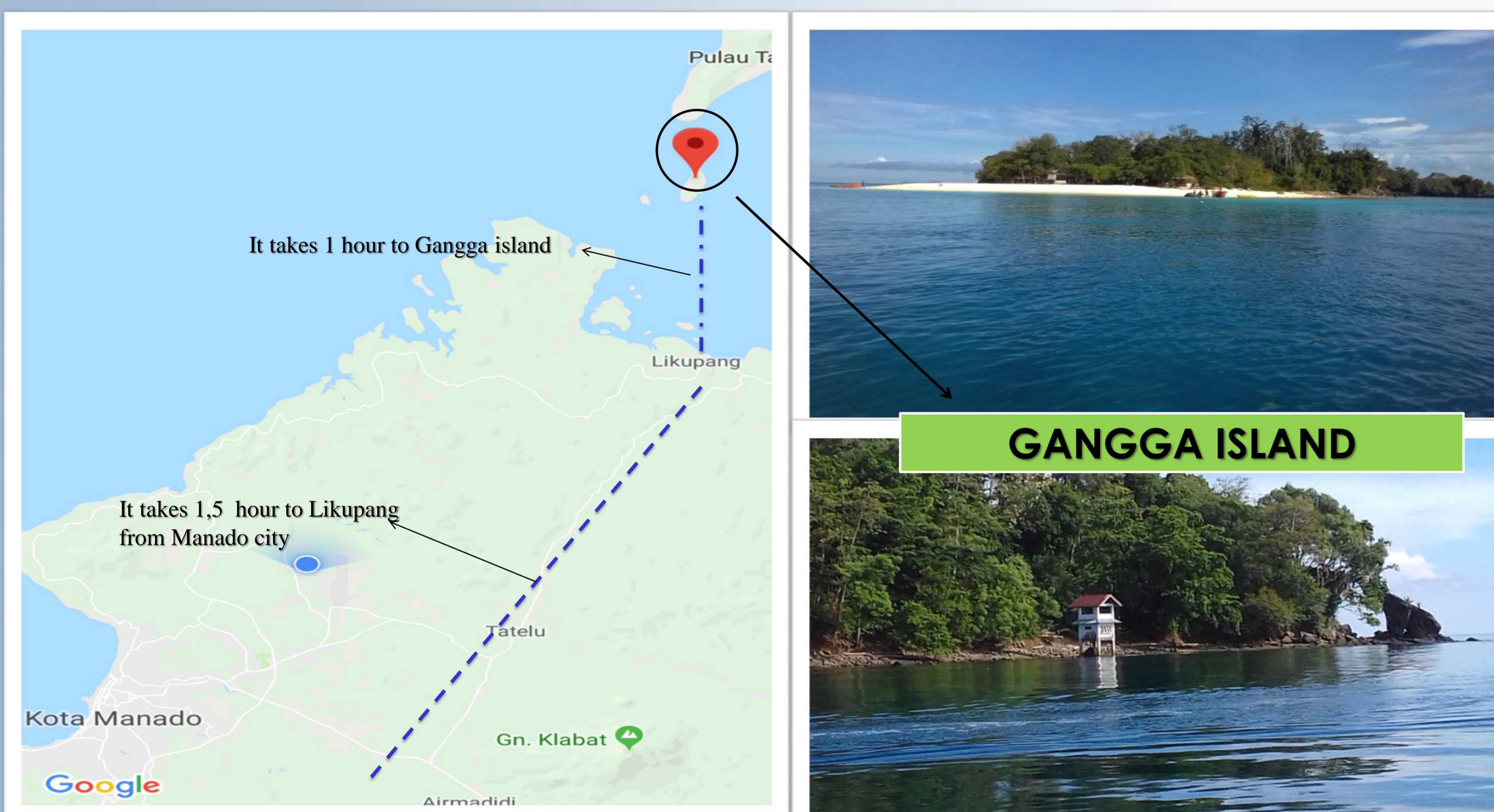
Remains a public health concern in Indonesia, particularly in the remote areas where the level of awareness about nutrition is still lacking.

In addition there was a reported case of **malnutrition** in Gangga Island, North Sulawesi although the paramedics have handled it.

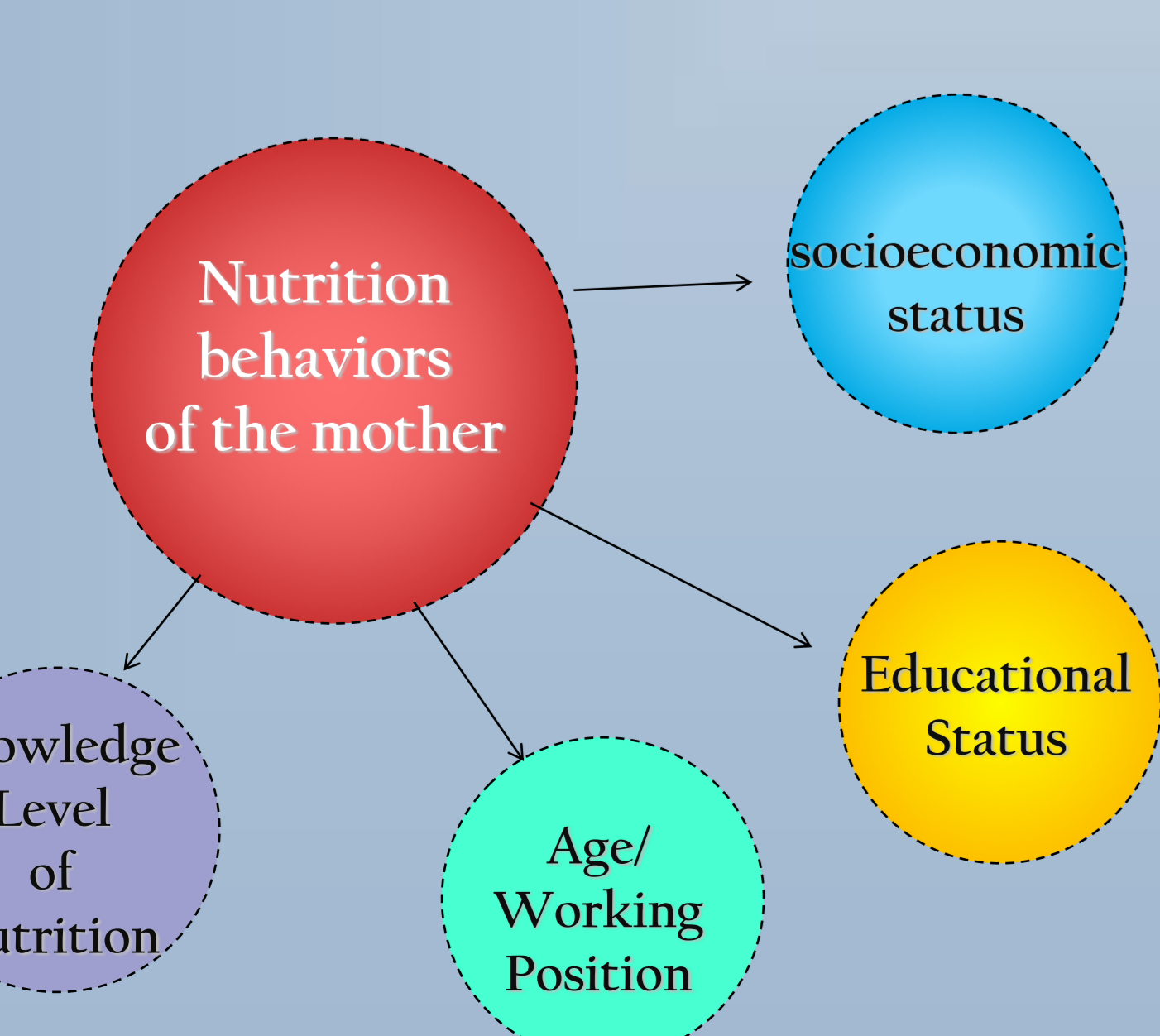
Research indicates that health problems are due to miserable nutritional status in primary school age children are among the most common causes of low school enrollment, high absenteeism, early dropout and unsatisfactory classroom performance.



## LOCATION

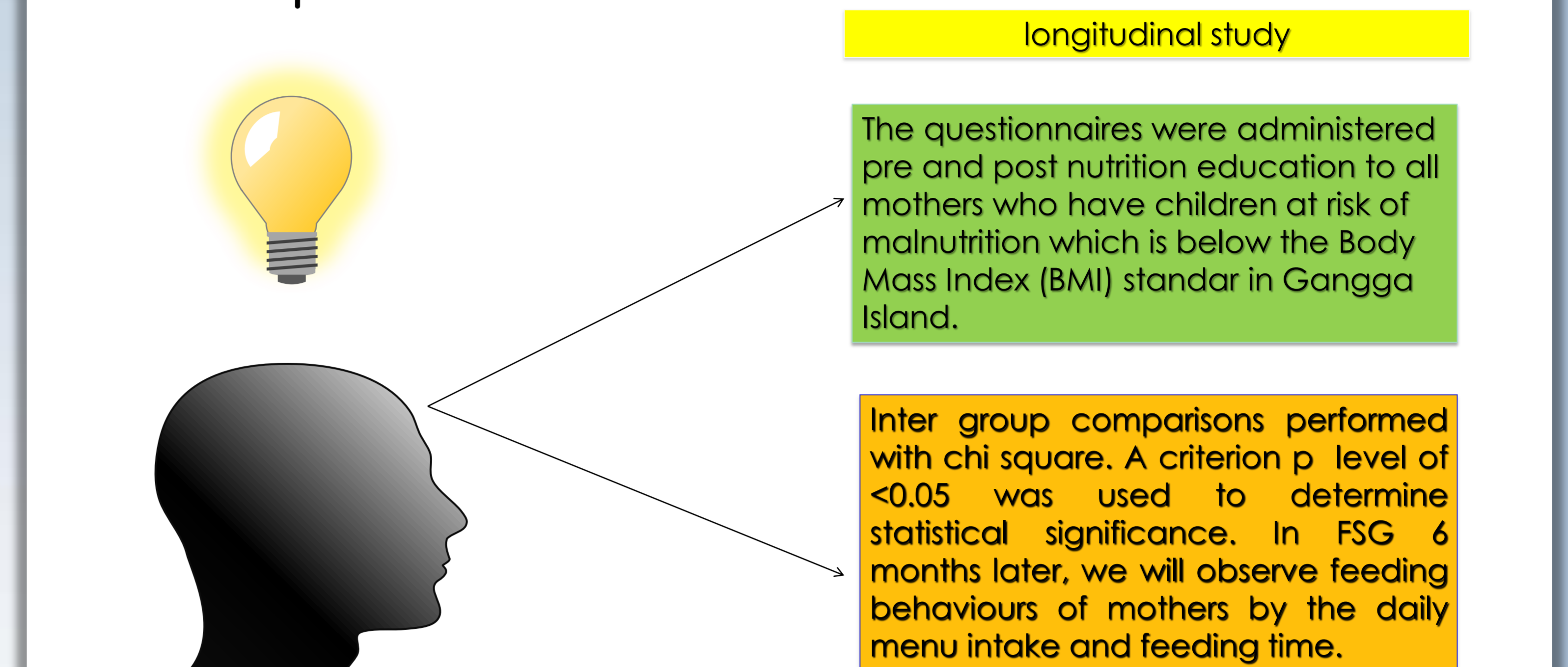


## SOLUTION

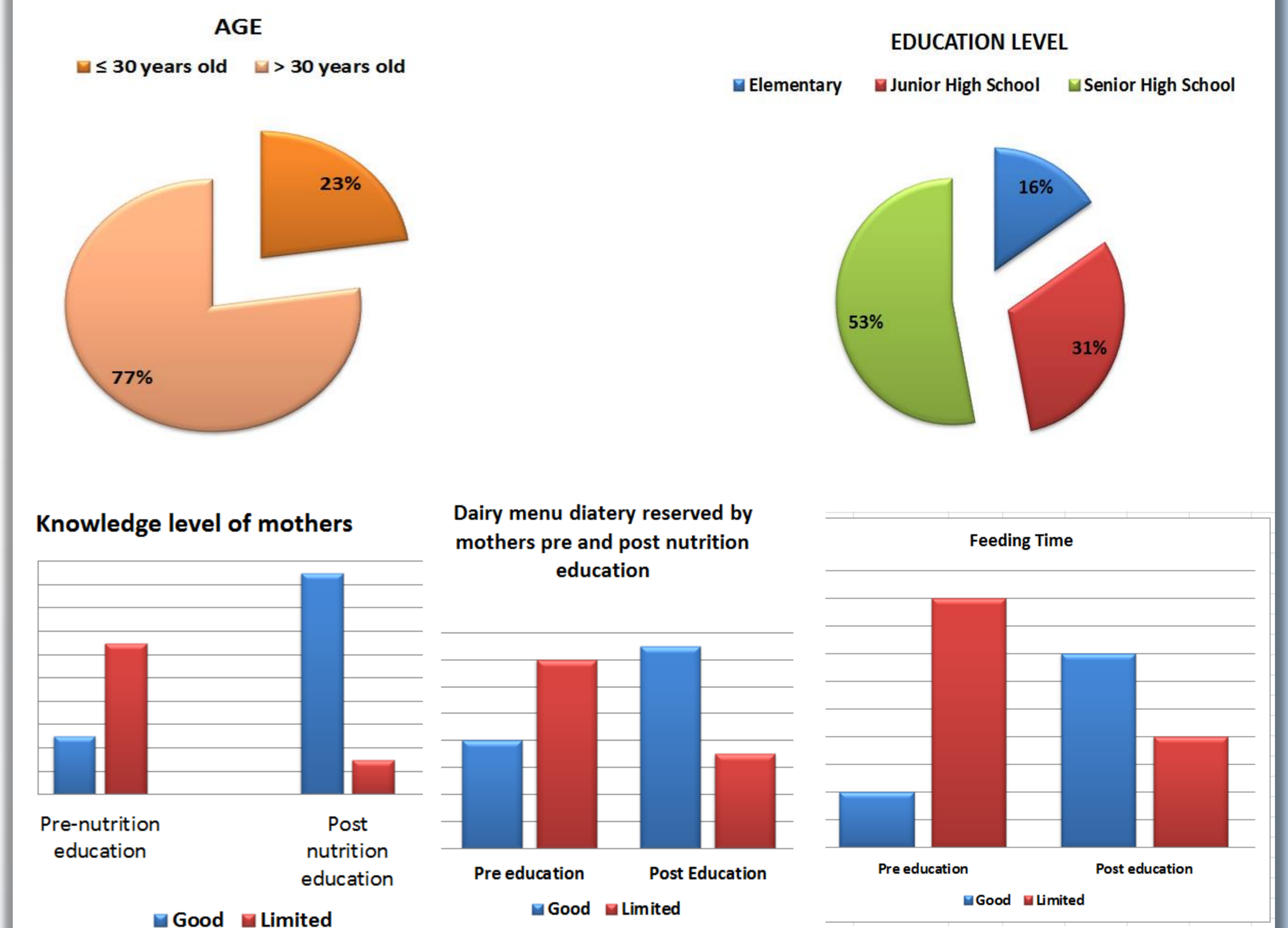


It has a good impact on improving the knowledge of mothers, the way they feed their children, and consequently their health by decreasing the malnutrition in Gangga island.

## METHOD



## RESULT



## CONCLUSION

Nutrition training has significant impact on the knowledge and feeding behaviour of mothers with children at risk for malnutrition in Gangga Island

## BIBLIOGRAPHY

1. Bevan, A.L., & Reilly S.M. (2011). Mothers' efforts to promote healthy nutrition and physical activity for their preschool children. *Journal of Pediatric Nursing*, 26,395-403.
2. Boutelle, K.N., Fulkerson, J.A., Neumark-Sztainer, D., Story, M., & French, S.A. (2007). Fast food for family meals: relationships with parent and adolescent food intake, home food availability and weight status. *Public Health Nutrition*, 10, 16–23
3. Banu, B and K.Khanom. 2012.Effects of education level of father and mother on perceptions of breastfeeding. *J. Enam Med col.* 2(2):67-73
4. Dagalea DAA., "The effect of a nutrition education module on the knowledge, attitude and practices of mothers with undernourished children aged 0 – 5 years old on nutrition in Barangay Biayon, Sergio Osmeña SR.;
5. Zamboanga Del Norte",The Faculty of Ateneo de Zamboanga University School of Medicine, 2005
6. Ministry of Health. 2013. RISKESDAS.Health Research.