# NutriHAF — Africa

The Role of Biodiversity and Natural Resource Management in Food Security in South **Eastern Madagascar** 

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## Project partners





















für Nachhaltige Entwicklung International Centre for







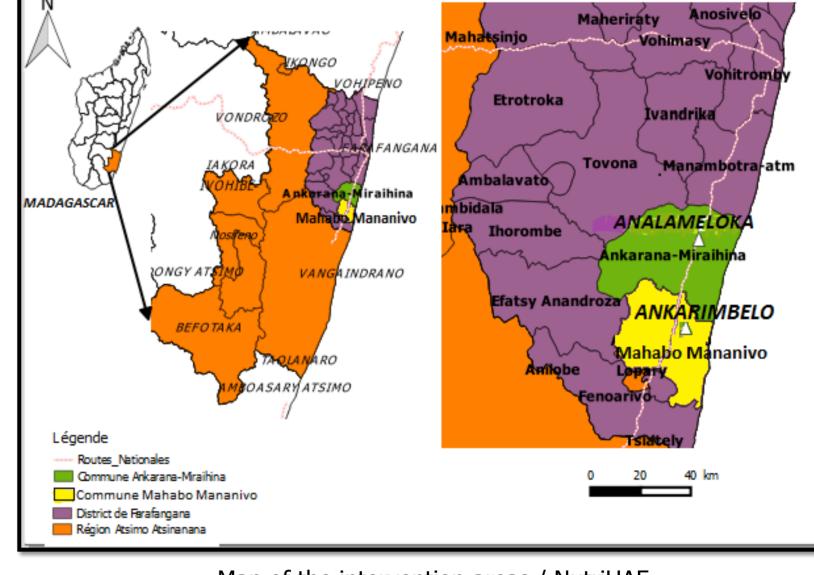
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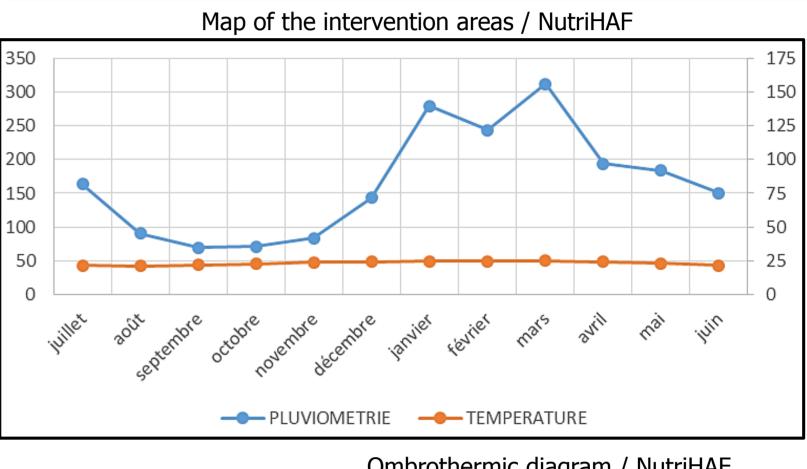


by decision of the German Bundestag

#### **Intervention areas**

- Fokontany of Ankarimbelo 23°07′38,8" south latitude and 47°44′11,8" east longitude Medium altitude: 35 m
- Fokontany of Analameloka 23°03′32,5" south latitude and 47°43′27,7" east longitude Medium altitude: 50 m
- Common characteristics of landscapes Succession of small hills, slopes and low land Villages located on hills, surrounded by home gardens Humane pressures on biodiversity
- Ombrothermic diagram Hot and humid (hot and humid austral summer, winter less rainy and softer) Annual average temperature: 23,18°C / Monthly average rainfall: 165,50 Wet period from August to November ( $P \ge 2T$  but P < 100 mm per month) Perhumid period from July to December (P≥ 2T and P > 100 mm per month) Cyclonic period from January to March





Ombrothermic diagram / NutriHAF



- Discussion with key stakeholders (Ampanjaka, Lonaka, Head of fokontany)
- On-farms surveys (150 farmers at the fokontany of Ankarimbelo / 125 farmers at the fokontany of Analameloka
- Gender disaggregated focus group 04 groups of discussion (men, women, young men, young women) / 16 focus group discussions
- Main themes treated in the questionnaire Farming systems / Diet habits / Uses and natural resource management

## **Eating habits**

- Rice as staple food 3 times per day, period of abundance (May – August) / 1-2 times a day, lean period (September – April)
- Rice supplements during the lean period Cassava, Breadfruit / Viha or *Typhonodorum lindleyanum*, Sweet potato / Wild foods: Fruits (Breadfruit, Viha), Tubers (*Tacca leontopetaloïdes*, Yam, Viha)
- Low consumption of vegetables Picking leaves, 1-2 times a week, lean period / Leafy vegetables, Fruit vegetables (African eggplant, Eggplant), 1 time per day, period of abundance
- Mean consumption of fruits (Guava, Litchi, Mandarin, lean period / Jackfruit, period of abundance)
- Low consumption of meat (2-3 times a week, period of abundance / 2 times a month, lean period)
- Mean consumption of aquatic products Crayfish, Fish; 3 times a week, period of abundance and lean period

#### **Nutritional status**

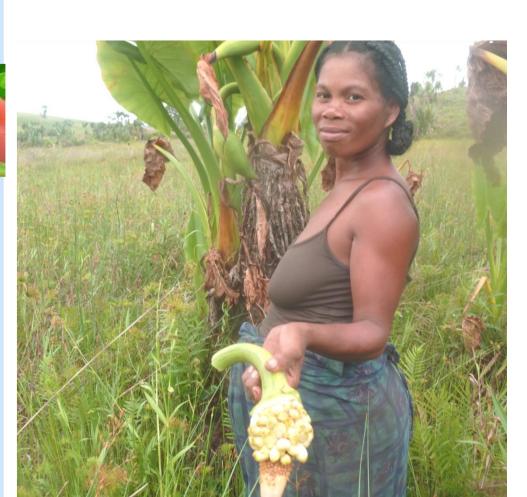
- Downward trend of about 20% of daily calorie intake between period of abundance and lean period
- Required calories 2400 Kcal generally reached except during the lean period for vulnerable households in Ankarimbelo
- Structure of the daily calorie intake of food consumed by households Over 80% from carbohydrate / 10% from proteins (75% from plants) / 5% from fat
- Daily intake of micronutrients Calcium intake lower than the required standard Vitamin C intake: Lower than the required standard, period of abundance / Higher than the required standard, lean period
- Calorie intake from biodiversity About 20% of the daily calorie intake / Significant source of calories from protein (over one third)
- Micronutrients from biodiversity Over 40% of calcium intake, lean period and period of abundance 60% of vitamin C intake, lean period / 10%, period of abundance



Focus group discussion © NutriHAF







## **Biodiversity management**

- Management modes involving traditional and administrative authorities Rules set as taboos become customary practices of local communities allowing better management of natural resources (Viha)
- Rules set as prohibited become customary practices allowing local communities to better manage natural resources (Mahampy or Lepironia mucronata)
- Hybrid form of setting-up the rules: Development project involving traditional and administrative authorities (Collective eucalyptus reforestation)





Traditional authority © NutriHAF



Biodiversity use © NutriHAF





Biodiverity use © NutriHAF



Food staples © NutriHAF

